



NEW LIFE
WOMEN'S CENTER

Packing List



All of us here at **New Life** want to extend our hospitality and offer our students a comfortable and homelike atmosphere. However, we request that you only bring necessities due to the limited space available.

Required Upon Arrival:

- Proper Identification (photo ID) Certified copy of Birth Certificate Personal Funds
 Social Security Card Entrance Fee

Suggested List Of Clothing:

- Undershirts in basic colors white, black, etc.
- 3 dresses (for church)
- 2-3 pairs of dress slacks and dress blouses
- 3-5 pairs of jeans or casual slacks
- 2-4 pairs of shorts (loose fitting and no higher than 4" above the knee)
- 10-12 casual shirts or t-shirts (no halters, tube tops, midriiffs or spaghetti straps)
- 1-2 sweaters (for classroom)
- 1 bathrobe (required)
- 3-4 pajamas or modest sleepwear (no nightgowns or shorts)
- 7-10 undergarments (no thong, lace, or string bikini)
- 3-5 regular bras and sports bras
- 7-10 pairs of socks
- 1 pair of slippers
- 2-3 pairs of dress shoes
- 2-3 pairs of casual shoes (bring at least one pair closed toe)
- 1-2 pairs of tennis shoes (1 good pair for work)
- 1 one-piece bathing suit with shorts (Required in the summer)
- 1 dress coat (in winter)
- 1 casual coat or jacket (in winter)

All clothing **must be modest. Do not bring anything too tight or too revealing. T-shirts & sweatshirts can be plain or with Christian logos ONLY. No inappropriate slogans or advertisements will be permitted. Bring clothing appropriate for the weather.*

No body jewelry can be worn (i.e. Tongue rings, face studs, or belly button rings). Earrings will be permitted.
It is best to leave expensive jewelry at home.

Bring your own toiletries, cosmetics, blow dryer, curling iron.

You may bring no more than 2 large suitcases & 1 carry-on bag.



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Please **do not** bring any books, teaching tapes, studies, novels, magazines, address books or business cards. A Bible will be provided for you.

You will need to bring clean notebook paper, pens and pencils. Optional: White-out, loose-leaf binder, spiral notebook, pocket folders, and journals. *Journals must be new with no writing in them.*

You can bring a camera (with new film).

Photographs of immediate family members are allowed but nothing in large picture frames that need to be hung on the wall. Students share a chest of drawers; you will have half of the surface space for pictures.

New Life will provide linens, pillows and towels.

DO NOT bring the following articles or they will be sent back home with family members or destroyed. We do not have a storage room:

- Over-the-counter medications, herbs, laxatives, benadryl, sleeping aids, or most vitamins (A daily multi-vitamin is the only exception)
- Food supplements, tablets, or powders
- Food or drink of any kind
- Literature, books, poetry, address books, old journals, or teaching tapes
- Photos or correspondence with anyone other than immediate family
- Games, computers, TV's, heating pads, or steam irons
- Wall-mounted items or pictures
- iPods, MP3 players, or personal stereos
- Phone
- Expensive jewelry

***ONLY Christian music is allowed on premises.**

***We do not keep any contraband on property. Any items will be destroyed or returned to the family at the cost of the student.**

No high value items allowed.

We are a tobacco free campus.

FINAL NOTE: ANY PERSONAL PROPERTY THAT IS LEFT AT NEW LIFE AFTER YOUR DEPARTURE WILL BE DISPOSED OF AFTER 24 HOURS.

Thank you in advance for your cooperation.
We are looking forward to welcoming you into our New Life family!